

NULINE DANCE AFTERNOON with YEAR 6

As part of end of term activities I was invited to do a '**Nuline Dance**' afternoon with 30 'Year 6' boys & girls, all 11 years old but some taller than me!!

After a brief introduction and a few questions & answers I taught them some AB dances...

Cupid Shuffle to warm up & gain their attention. Explaining direction & how to make a $\frac{1}{4}$ turn at the end of each wall I used 'clock face' questions so they were telling me which way they were facing. For this level I change grapevines to side together side touch.

Let's Chill to 'Ooh I Like That' (one of our favourites) After the 3rd wall *freeze* they all seemed confident they knew what they were doing, so I stopped the music and changed it into a circle dance. After a lot of discussion amongst them deciding which way was facing clockwise to start the dance - they loved it!

Feeling Kinda Lonely firstly to The Killers 'Human' with some of the children singing along "are we Human". Then after a short chat about TV programme 'The Voice' and 'Will I Am' we danced the same dance to The Black Eyed Peas 'I Gotta Feeling' (we have a slightly faster version which works really well) At this point some of the teachers who were walking past the hall stopped to watch, I later found out one was the Head.

Next a challenge... how many would last out to the end of the next dance?

Pick A Bale surprisingly it was the lads who rose to this challenge, I don't think they wanted to be out done by the girls!!! In the end all survived and then collapsed in a heap on the floor!!

Abieber first to 'Love Me' Justin Bieber, then to 'Blurred Lines' (clean version of course!!) which got a seal of approval from not only the children but I think the teacher too!

The final dance & another challenge needing plenty of energy - **Fuzzy Duck Slide** to Cotton Eyed Joe!!

We had now run out of time, but they wanted more... the class teacher agreed, so I asked which dance they would like to do again? The majority went for **Pick A Bale** this time we danced it in a circle, a few opted out, faking being tired, but as we progressed through the dance the numbers increased!!!! It had a bit of a 'flash mob' feel to it, ending up with nearly all dancing, plus 3 more teachers who came in to the hall to see what we were doing!!!

I really enjoyed my afternoon with Year 6

*Children are like sponges when their imagination is captured;
given a challenge... most rise to it!!!*

Jacqui Jax (Nuline Dance)

