STEPPIN'OFF



THEPage



Approved by:

Lacqui

Baby Sister

4 WALL – 32 COUNTS – BEGINNER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Forward Rock, Side Rock, Behind Side Forward, Step, Pivot 1/2, Step, Pivot 1/2		
1 &	Rock forward on right. Recover onto left.	Forward Rock	On the spot
2 &	Rock right to right side. Recover onto left.	Side Rock	
3 & 4	Cross right behind left. Step left to left side. Step right forward.	Behind Side Forward	Left
5 – 6	Step left forward. Pivot 1/2 turn right. (6:00)	Step Pivot	Turning right
7 – 8	Step left forward. Pivot 1/2 turn right. (12:00)	Step Pivot	
Section 2	Forward Rock, Side Rock, Behind Side Forward, Step, Pivot 1/2, Step, Pivot 1/2		
1 &	Rock forward on left. Recover onto right.	Forward Rock	On the spot
2 &	Rock left to left side. Recover onto right.	Side Rock	
3 & 4	Cross left behind right. Step right to right side. Step left forward.	Behind Side Forward	Right
5 – 6	Step right forward. Pivot 1/2 turn left. (6:00)	Step Pivot	Turning left
7 – 8	Step right forward. Pivot 1/2 turn left. (12:00)	Step Pivot	
Section 3	Heel & Heel & Heel Clap Clap, & Forward Rock, Coaster Step		
1 & 2	Touch right heel forward. Step right beside left. Touch left heel forward.	Heel & Heel	On the spot
& 3 & 4	Step left beside right. Touch right heel forward. Clap twice.	& Heel Clap Clap	
& 5 – 6	Step right beside lelft. Rock forward on left. Recover onto right.	& Forward Rock	
7 & 8	Step left back. Step right beside left. Step left forward.	Coaster Step	
Section 4	Side, Together, Chasse Right, Side, Together, Chasse 1/4 Turn		
1 – 2	Step right to right side. Step left beside right.	Side Together	Right
3 & 4	Step right to right side. Close left beside right. Step right to right side.	Side Close Side	
5 – 6	Step left to left side. Step right beside left.	Side Together	Left
7 & 8	Step left to left side. Close right beside left. Step left forward 1/4 turn left. (9:00)	Side Close Turn	Turning left
Ending	End of Wall 10: Step, pivot 1/2 turn left to finish facing front.		

Choreographed by: Jacqui & Alan (Nuline) (UK) July 2011

Choreographed to: 'Hey Soul Sister' by Train (97 bpm) from CD Save Me, San Francisco; also available as download from amazon.co.uk or iTunes

(12 sec intro - count 12 as 1&2&3&4 - start on vocals)

Choreographers note: A special 'Thank You' to Alan for his help and advice



A video clip of this dance is available at www.linedancermagazine.com