Email: alan@alanbirchall.com Website: http://www.alanbirchall.com

FORGOTTEN YOU





Note: Restart After Instrumental (4th Wall) On Count 8 CD: Ragin' Live Or Cd Single - Legal Download - Itunes (79p) BPM: 85/170 Start: Just After Lyrics On The Word 'Snowing' Count: 32 Seconds: 11 Ending Note's: When using the CD single version To finish facing the front wall simply replace steps 31&32 with a ¹/₄ Sailor turn.

When using the album version the intro is slightly longer so the dance starts at 24 secs. Also the ending is longer as well so you will finish the dance nicely on the front wall at step 1.

Alternative Music: Amy Dalley – Men Don't Change CD: Kings & Queens Of Country BPM: 100/200 **Start:** Just After Lyrics On The Word 'Bad' **Count:** 32 Seconds: 10 **Note: - No Restart Using This track Or ANY TWO STEP MUSIC**

STEPS

FRONT, SIDE, BEHIND, ¼ TURN, FORWARD, ½ PIVOT, ½ TURN, COASTER STEP

Cross Right Over Left, Step Left To Left 1-2

Choreographer: Alan G. Birchall Level: Beginner/Intermediate

Steps/Count: 32

3&4 Cross Right Behind Left, Step Left To Left making ¹/₄ Turn Left, Step Forward On Right (9 '0' Clock)

5-6 ¹/₂ Pivot Left, On Ball Of Left Make ¹/₂ Turn Left Stepping Back On Right (9 '0' Clock)

7&8 Step Back On Left, Step Right By Left, Step Forward On Left

(Restart Here After 8 Counts Of The Fourth Wall. NOTE This restart will change your walls to 9 & 3)

TOE, HEEL, CROSS x2, SIDE STEP, TOGETHER, FRONT SAILOR 1/2 TURN

9&10 Touch Right Toe To Left Instep, Touch Right Heel To Left Instep, Cross Right Over Left 11&12Touch Left Toe To Right Instep, Touch Left Heel To Right Instep, Cross Left Over Right 13-14 Take A Big Step To Right, Slide Left By Right 15&16Cross Right Over Left, Making ¹/₂ Turn Right Step Left To Left, Step Forward On Right (3 '0' Clock)

WALKS FORWAD, STEP, TURN, STEP, WALKS BACK, COASTER STEP

17-18 Walk Forward Left, Right 19&20Step Forward On Left, ¹/₂ Pivot Right, Step Forward On Left (9 '0' Clock) 21-22 Walk Back Right, Left 23&24 Step Back On Right, Step Left By Right, Step Forward On Right

CROSS, POINT x2, 1/4 TURN CROSS, SAILOR STEP

25-26 Cross Left Over Right, Point Right To Right 27-28 Cross Right Behind Left, Point Left To Left 29-30 Making ¹/₄ Turn Left Step Forward On Left, Step Right To Right (6 '0'Clock) 31&32Angling Body Slightly To Left Step Left Behind Right, Step Right In Place, Step Left To Left

START AGAIN