# Email: alan@alanbirchall.com

# **RHYTHM**

Choreographers: Alan G. Birchall & Jacqui Jax (Nuline Dance)

Level: High Intermediate/Advanced

Dance: Phrased Dance Counts: 84 (A+B) Walls: 4

Sequence: ABB ABB TAG ABBB

Music: RHYTHM – CC Smugglers (3:11)

CD: Single

Start: On Main Vocals After Intro Seconds: 15 Counts: 32 BPM: 135

# PART A – VERSE

### JAZZ JUMP FORWARD, HEEL TAPS, JAZZ JUMP BACK, HEEL TAPS

**&1** Jump Forward Landing Right Left

2-3-4 Keeping Weight On Left Foot Tap Right Heel For Three Counts

**&5** Jump Back Landing Right Left

6-7-8 Keeping Weight On Left Foot Tap Right Heel Forward For Three Counts – OPTION: LEFT HEEL TAPS

## TOUCH, KICK, BEHIND, SIDE, CROSS, TOUCH, KICK, BEHIND, ¼ TURN, STEP

9-10	Touch Right Toe Beside Left, Kick Right Foot To Right Diagonal
11&12	Cross Right Behind Left, Step Right To Right, Cross Right Over Left
13-14	Touch Left Toe Beside Right, Kick Left Foot To Left Diagonal

15&16 Cross Left Behind Right, Making ¼ Turn Right Step Forward On Right, Step Forward On Left 3:00

## **CHARLESTON STEPS x 3, COASTER STEP**

17-18	Touch Right Toe Forward, Sweep Right Foot Around Left Step Back On Right
19-20	Sweep Left Foot Around Right Touch Left Toe Back, Sweep Left Foot Around Right Step Forward On Left
21-22	Sweep Right Around Left Touch Right Toe Forward, Sweep Right Foot Around Left Step Back On Right
23&24	Step Back On Left, Step Right By Left, Step Forward On Left

### WALK FORWARD, BOOGIE WALK, CROSS, BIG COASTER STEP

25-26	Walk Forward,	Right, Left

27& Step Forward On Ball Of Right Foot Push Right Knee Out, Step Forward On Ball Of Left Foot Pushing Left Knee Out

3:00

28 Step Forward On Ball Of Right Foot Push Right Knee Out29-30 Cross Left Over Right, Take A BIG Step Back On Right

31-32 Step Left By Right, Step Forward On Right

# ROCK, RECOVER, ½ SHUFFLE TURN, STEP, ¼ PIVOT, CROSS, POINT

33-34	Rock Forward On Left, Recover On Right
35&36	Making ½ Turn Left Stepping Left, Right, Left
27.20	Character Composite 1/ Direct Laft Com

37-38 Step Forward On Right, ¼ Pivot Left 6:0039-40 Cross Right Over Left, Point Left To Left

### SYNCOPATED WEAVE, ¾ MONTEREY TURN

41&42	Cross Left Behind Right, Step Right To Right, Cross Left Over Right
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&43&44 Step Right To Right, Cross Left Behind Right, Step Right To Right, Cross Left Over Right

45-46 Point Right To Right, Make ¾ Turn Right Stepping Right By Left 3:00

47-48 Point Left To Left, Step Left By Right

PART B - CHORUS





Website: www.alanbirchall.com

# RHYTHM (Part B - Chorus... "We Got Legs")

### **PART B - CHORUS**

### STEP FORWARD OUT, OUT, STEP BACK IN, IN, SHUFFLE FORWARD X 2

- 1-2 Step Right Diagonally Forward To Right Pushing Right Hip Out , Step Left To Left Pushing Left Hip Out
- 3-4 Step Back On Right, Step Left By Right
- 5&6 Step Forward On Right, Step Left By Right, Step Forward On Right OPTION: BARREL ROLL HANDS ON SHUFFLES
- **7&8** Step Forward On Left, Step Right By Left, Step Forward On Left

### STEP, ½ PIVOT, ¾ TURN, JAZZ BOX

- 9-10 Step Forward On Right, ½ Pivot Left 09:00
- 11-12 Making ½ Turn Left Step Back On Right, Making ¼ Turn Left Step Left To Left 12:00
- 13-14 Cross Right Over Left, Step Back On Left15-16 Step Right To Right, Step Left By Right

#### SYNCOPATED CROSSING TOE SWITCHES x 3, CROSS, BACK, SIDE, CROSS SHUFFLE

- 17&18& Touch Right Toe Over Left Foot, Step Right By Left, Touch Left Toe Over Right Foot, Step Left By Right
- 19&20 Touch Right Toe Over Left Foot, Step Right By Left, Cross Left Over Right
- 21-22 Step Back On Right, Step Left To Left
- 23&24 Cross Right Over Left, Step Left To Left, Cross Right Over Left

## HIP BUMPS, ELVIS KNEES, HINGE TURN, POINT, HOLD

- 25-26 Stepping Left To Left Bumping Hips Twice To Left,
- 27-28 Transfer Weight To Right Bumping Hips Twice To Right,
- 29-30 Transfer Weight To Left Turning Right Knee To Left Leg, Transfer Weight To Right Turning Left Knee To Right Leg
- 31-32 Transfer Weight To Left Turning Right Knee To Left Leg, Transfer Weight To Right Turning Left Knee To Right Leg
- 33 On Ball Of Left Foot Make ½ Turn Left Pointing Right Toe To Right 06:00
- 34-35-36 Hold For Three Counts Dance Ends Here Facing Front Wall

### **REPEAT Counts 1-32 Of Part B**

## TAG: AFTER PART B AT END OF 2 ND FULL SEQUENCE - FACING 6:00

### **ROCK, RECOVER, ½ TRIPLE TURN X2**

**49-50** Rock Forward On Right, Recover On Left

51&52 ½ Triple Turn Right Stepping Right, Left, Right 12:00

53-54 Rock Forward On Left, Recover On Right

55&56 ½ Triple Turn Left Stepping Left, Right, Left 6:00

