STEPPIN'OFF



THEPage



Approved by:

den 4. Birth

Sloop John B

4 WALL - 32 COUNTS - IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Side, Together, Back Shuffle, Side, Together, Forward Shuffle		
1 - 2	Step left to left side. Step right beside left.	Left Together	Left
3 & 4	Step left back. Close right beside left. Step left back.	Back Shuffle	Back
5 - 6	Step right to right side. Step left beside right.	Right Together	Right
7 & 8	Step right forward. Close left beside right. Step right forward.	Right Shuffle	Forward
Section 2	Step, Pivot 1/2, Step, Hold, 3/4 Turn, Cross Shuffle		
1 - 2	Step left forward. Pivot 1/2 turn right. (6:00)	Step Turn	Turning right
3 - 4	Step left forward. Hold. (Clap)	Step Hold	Forward
5 - 6	Make 1/2 turn left stepping right back. Make 1/4 turn left stepping left to side.	Quarter Half	Turning left
7 & 8	Cross right over left. Step left to left side. Cross right over left. (9:00)	Cross Shuffle	Left
Section 3	Side Rock, Sailor Step, 1/4 Turn Jazz Box		
1 - 2	Rock left to left side. Recover onto right.	Left Rock	On the spot
3 & 4	Cross left behind right. Step right to right side. Step left to place.	Sailor Step	
5 - 6	Cross right over left. Step left back.	Cross Back	Back
7 - 8	Step right to right side making 1/4 turn right. Cross left over right. (12:00)	Turn Cross	Turning right
Section 4	1/4 Turn Jazz Box, Side Rock, Cross Shuffle		
1 - 2	Cross right over left. Step left back.	Cross Back	Back
3 - 4	Step right to right side making 1/4 turn right. Cross left over right. (3:00)	Turn Cross	Turning right
5 - 6	Rock right to right side. Recover onto left.	Right Rock	On the spot
7 & 8	Cross right over left. Step left to left side. Cross right over left.	Cross Shuffle	Left

Choreographed by: Alan G Birchall (UK) February 2008

Choreographed to: 'Sloop John B' by Collin Raye (125 bpm) from CD Stars and Stripes:

or any Beach Boys Greatest Hits collection;

(12 count intro - start on vocals)

Music Suggestion: 'Sea Sick' by Larry Joe Taylor (172 bpm) from CD Coastal and Western

(20 count intro - start on vocals)



A video clip of this dance is available at www.linedancermagazine.com



Music available on Tango Cha CD available from www.linedancermagazine.com or call 01704 392300