THIS LIFE

alan G. Birtal

Choreographer: Alan G. Birchall Level: Intermediate/Advanced Dance: Four Wall Line Dance

Steps/Count: 48

Music: This Life – LeAnn Rimes CD: Whatever We Wanna... BPM: 110

Start: On Lyrics Seconds: 14 Secs. Count: 24

STEPS

BASIC BACKWARDS, 1/2 TURN, STEP

- 1-2-3 Step Back On Right, Left By Right, Step Right In Place
- 4-5 Making ¼ Turn Left Step Forward On Left, Making ¼ Turn Left Step Back On Right (6'0' Clock)
- 6 Step Back On Left

RIGHT TWINKLE, 1/4 TURNING TWINKLE

- 7-8 Travelling Slightly Backwards Cross Right Over Left, Step Left To Left,
- 9 Step Right By Left (Right Twinkle)
- 10 -11 Cross Left Over Right, Step Right To Right Making ¹/₄ Turn Left (3'0' Clock)
- 12 Step Left By Right (¼ Turning Twinkle)

WEAVE LEFT, 1/4 TURN, STEP, 1/2 PIVOT **SEE ALTERNATIVE STEPS BELOW FOR 13 - 21

- 13 15 Cross Right Over Left, Step Left To Left, Cross Right Behind Left
- 16 18 Making ¼ Turn Left Step Forward On Left, Step Forward on Right, ¼ Pivot Left (9'0' Clock)

CROSS 1/2 TURN, WEAVE

- 19-21 Cross Right Over Left, Making ½ Turn Right, Step Left To Left, Step Right To Right
- 22-24 Cross Left Over Right, Step Right To Right Cross Left Behind Right Restart Here During 3rd Wall

1/4 TURN, CROSS, UNWIND, BACK BASIC

- 25-26 Making ¹/₄ Turn Right Step Forward On Right, Cross Left Over Right (6'0'Clock)
- 27 Unwind ¾ Turn Right (3'0'Clock)
- 28-30 Step Back On Right, Left By Right, Step Right By Left

STEP, SWEEP, CROSS, ½ TURN

- 31-33 Step Forward On Left, Over 2 Counts Sweep Right Around In Front On Left
- 34-36 Place Weight On Right, Making ½ Turn Right Step Left To Left, Step Right To Right

DIAGONAL FRONT BASIC, BACK BASIC

- 37-38 Crossing Left Over Right To Right Diagonal Step Forward On Left, Step Right By Left
- 39 ,Step Left By Right
- 40-42 Step Back On Right,, Left By Right, Step Right By Left

1/4 BASIC, STEP, CROSS UNWIND

- 43-45 Making ¹/₄ Turn Right Step Left To Left, Step Right In Place, Step Left In Place (12'0' Clock)
- 46-48 Step Back On Right, Cross Left Behind Right, Unwind ¾ Left (3'0'Clock)

START AGAIN

**ALTERNATIVE STEPS

CROSS ROCK, RECOVER, STEP - X2 RIGHT TWINKLE

- 13-15 Cross Rock Right Over Left, Recover On Left, Step Right To Right
- 16 18 Cross Rock Left Over Right, Recover On Left, Step Left To Left
- 19-21 Cross Right Over Left, Step Left By Right, Step Right In Place (Right Twinkle)

Dance Sheet Prepared By: Alan G. Birchall. Queries Tel: +44 (0) 1204 852032 (UK) D&G Qualified Instructor (Part 1.) 29/08/2007. For bookings or information contact: Alan 01204 852032 Page 1 of 1