

## CAPITAL LETTERS

**Choreographers:** Alan G Birchall & Jacqui Jax (Nuline Dance)

**Level:** High Intermediate/Advanced

**Counts:** 64 **Walls:** 2

**Tags:** 1 **Restarts:** 1 During 2<sup>nd</sup> Wall

**Music:** Capital Letters - Hailee Steinfeld & BloodPop®

**CD:** Fifty Shades Freed

**Start:** On Lyrics **Secs:** 9 **Count:** 16 **BPM:** 100



*Jacqui Jax*  
*Alan G. Birchall*

### SAILOR STEP, BEHIND, UNWIND, ROCK, RECOVER, CROSS SHUFFLE

- 1&2** Cross Right Behind Left, Step Left To Left, Step Right In Place  
**3-4** Cross Left Behind Right, Unwind Full Turn Left (Weight On Left)  
**5-6** Rock Right To Right, Recover On Left  
**7&8** Cross Right Over Left, Step Left To Left, Cross Right Over Left

### SIDE, TOGETHER, SIDE, TOGETHER, FORWARD, ROCK, RECOVER, ¾ TURN

- 9-10** Step Left To Left, Step Right By Left  
**11&12** Step Left To Left, Step Right By Left, Step Forward On Left  
**13-14** Rock Forward On Right, Recover On Left  
**15-16** Making ½ Turn Right Step Forward On Right, Making ¼ Turn Right Step Left To Left **09:00**

### RIGHT & LEFT HEEL JACKS, ROCK FORWARD, RECOVER, BACK LOCK

- 17&18** Cross Right **BEHIND** Left, Step Left To Left, Extend Right Heel To Right Diagonal  
**&19&20** Step Right By Left, Cross Left Over Right, Step Right To Right, Extend Left Heel To Left Diagonal  
**&21-22** Step Left By Right, Rock Forward On Right, Recover On Left  
**23&24** Step Back On Right, Lock Left Over Right, Step Back On Right

### TOUCH BACK, UNWIND, STEP, ½ PIVOT, STEP, ½ TURN BACK, ¾ TRIPLE TURN

- 25-26** Touch Left Toe Back, Unwind ½ Turn Left **03:00**  
**27-28** Step Forward On Right, ½ Pivot Turn Left **09:00**  
**29-30** Step Forward On Right, Make ½ Turn Right Stepping Back On Left **03:00**  
**31&32** Make a ¾ Triple Turn Right Stepping Right, Left, Right **12:00**

### CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK. RECOVER, ¼ SIDE SHUFFLE

- 33-34** Cross Rock Left Over Right, Recover On Right  
**35&36** Step Left To Left, Step Right By Left, Step Left To Left  
**37-38** Cross Rock Right Over Left, Recover On Left  
**39&40** Step Right To Right, Left By Right, Making ¼ Turn Right Stepping Forward On Right **03:00**

### SPIRAL TURN, STEP, SHUFFLE FORWARD, ROCK, RECOVER, COASTER STEP

- 41-42** Stepping Forward On Left Make A Full Spiral Turn Right, Step Forward On Right  
**43&44** Step Forward On Left, Step Right By Left, Step Forward On Left  
**4 Count Tag Here During 2<sup>nd</sup> Wall - Restart Dance**  
**45-46** Rock Forward On Right, Recover On Left  
**47&48** Step Back On Right, Step Left By Right Step Forward On Right

### ¼ ROCK, RECOVER, CROSS SHUFFLE, MODIFIED MONTEREY TURN, ROCK, RECOVER

- 49-50** Making A ¼ Turn Right Rocking Left To Left, Recover On Right **06:00**  
**51&52** Cross Left Over Right, Step Right To Right, Cross Left Over Right  
**53-54** Point Right To Right, Make A Full Turn Right Stepping Right By Left  
**55-56** Rock Left To Left, Recover On Right

### JAZZ BOX, MODIFIED MONTEREY TURN, ROCK, RECOVER

- 57-58** Cross Left Over Right, Step Back On Right  
**59-60** Step Left To Left, Cross Right Over Left  
**61-62** Point Left To Left, Make A Full Turn Left Stepping Left By Right  
**63-64** Rock Right To Right, Recover On Left

**START AGAIN**

Dance Sheet Prepared By: Alan G. Birchall

D&G and BWDA Fully Qualified Instructor

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**Tag: During 2<sup>nd</sup> Wall - After Count 44**

**45-46** Step Forward On Right, Making  $\frac{1}{4}$  Turn Right Point Left To Left **12:00**

**47-48** Cross Left Over Right, Point Right To Right

**Restart The Dance**