

JUST BE YOURSELF

Choreographer: Alan G Birchall

Level: Intermediate/Advanced

Dance: Two - Wall Line Dance

Steps/Count: 64

Music: Be Yourself – Enrique Iglesias

CD: Seven **BPM:**152 **Start:** On Lyrics 32 Counts 22 Seconds

Alan G. Birchall



CHARLESTON, STEP, ½ PIVOT, STEP, ½ PIVOT

- 1-2 Touch Right Toe Forward, Step Back On Right
- 3-4 Touch Left Toe Back, Step Forward On Left
- 5-6 Step Forward On Right, ½ Pivot Left (6 '0' Clock)
- 7-8 Step Forward On Right, ½ Pivot Left (12 '0' Clock)

¼ SIDE SHUFFLE, STEP, ½ PIVOT, FORWARD SHUFFLE, FULL TURN

- 1&2 Step Right To Right, Step Left By Right, Step Right To Right Making ¼ Turn Right (3'0' Clock)
- 3-4 Step Forward On Left, ½ Pivot Right (9 '0' Clock)
- 5&6 Step Forward On Left, Step Right By Left, Step Forward On Left
- 7-8 Making ½ Turn Left Step Back On Right, Making ½ Turn Left Step Forward On Left

STEP, TAP, 'SCOOT' BACK, ½ TURN, STEP, TAP, 'SCOOT' BACK, STEP, STEP

- 1-2 Step Forward On Right, Tap Left Behind Right
- &3-4 Scoot Back On Right, Step Back On Left, Making ½ Turn Right Step Forward On Right (3 '0' Clock)
- 5-6 Step Forward On Left, Tap Right Behind Left
- &7-8 Scoot Back On Left, Step Back On Right, Step Back On Left

'SQUAT' BUMPS MAKING ¼ TURN x 2, CROSS, BACK, BEHIND, SIDE, POINT

- 1-2 Weight On Left 'Squat Down' Bump Hips Back, Stand Up Bump Hips Forward Making ¼ Turn Left (Weight On Right 12 '0' Clock)
- 3-4 Weight On Left 'Squat Down' Bump Hips Left, Stand Up Bump Hips Right Making ¼ Turn Left (Weight On Right 9 '0' Clock)
- 5-6 Cross Left Over Right, Step Back on Right
- &7-8 Step Left To Left, Cross Right Over Left, Point Left To Left

FULL TURN BACKWARDS, STEP, POINT, TOUCH, STEP, BEHIND, SIDE CROSS, UNWIND ¾

- 1-2 Make Full Turn Left (Backwards) Stepping Left By Right
- 3-4 Point Right Out To Right, Touch Right By Left
- 5-6 Step Right To Right, Cross Left Behind Right
- &7-8 Step Right To Right, Cross Left Over Right, Unwind ¾ Turn Right (6 '0' Clock)

¼ TURN, HINGE TURNS HOLD x 3

- 1-2 Making ¼ Turn Right, Step Left To Side, Hold (9 '0' Clock)
- 3-4 Make ½ Hinge Turn RIGHT Step Right To Right, Hold (3 '0' Clock)
- 5-6 Make ½ Hinge Turn LEFT, Step Right To Right, Hold (9 '0' Clock)
- 7-8 Make ½ Hinge Turn LEFT, Step Left To Left, Hold (3 '0' Clock)

FRONT SAILOR, ½ FRONT SAILOR TURN, ROCK, RECOVER, COASTER STEP, STEP

- 1&2 Cross Right Over Left, Step Left To Left, Step Right By Left
- 3&4 Cross Left Over Right, Making ¼ Turn LEFT Step Right To Right, Making ¼ Turn LEFT Step Left By Right (9 '0' Clock)
- 5&6 Rock Forward On Right, Recover On Left, Step Back On Right
- &7-8 Step Left By Right, Step Forward On Right, Step Forward On Left

HEEL BALL CROSS, ROCK, ½ BOUNCE TURN, ¼ TURNING HEEL SWITCH'S, KICK BALL STEP

- 1&2 Touch Right Heel Forward, Step Right By Left, Cross Left Over Right
- 3-4 Make ½ Turn Right Bouncing Heels Twice (3'0' Clock)
- 5&6 Touch Right Heel Forward, Step Right By Left Making ¼ Turn Right, Touch Left Heel Forward (6'0' Clock)
- &7&8 Step Left By Right, Kick Right Foot Forward, Step Right By Left, Step Forward On Left

START AGAIN