



Approved by:

*Alan G. Birchall*

# Move On

## 4 WALL - 48 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 - 2 3 & 4 5 - 6 7 & 8	<b>Lunge, Cross Shuffle, Touch, Twist 1/4, Sailor Stomp</b> Lunge/rock right to right side. Recover onto left. Cross right over left. Step left to left side. Cross right over left. Touch left to left side. Twist 1/4 turn left. (9:00) Cross left behind right. Step right to right side. Stomp left to left side.	Side Rock Cross Shuffle Touch Twist Sailor Stomp	On the spot Left Turning left On the spot
<b>Section 2</b> 1 - 2 3 & 4 5 - 6 7 & 8	<b>Cross, Unwind, Chasse Left, Cross Rock, Chasse Right 1/4 Turn</b> Cross right over left. Unwind full turn left. (9:00) Step left to left side. Close right beside left. Step left to left side. Cross rock right over left. Recover onto left. Step right to side. Close left beside right. Step right to side making 1/4 turn right.	Cross Unwind Side Close Side Cross Rock Chasse Turn	Turning left Left On the spot Turning right
<b>Section 3</b> 1 & 2 3 & 4  5 - 6 7 & 8	<b>Touch Hitch Step x 2, Forward Rock, 1/4 Sailor Turn</b> Angling body to right touch left toe forward. Hitch left. Step left forward. Angling body to left touch right toe forward. Hitch right. Step right forward. Replace counts 1 & 2 and 3 & 4 with hip walks. Rock forward on left. Recover onto right. Step left back. Making 1/4 turn right step right to right. Step left forward. (3:00)	Touch Hitch Step Touch Hitch Step  Forward Rock Sailor Turn	Forward Option  On the spot Turning right
<b>Section 4</b> 1 & 2 & 3 - 4 5 6 & 7 & 8	<b>Touch, Step, Heel, &amp; Step 1/4 Touch, 1/2 Paddle Turn, &amp; Touch Hitch Cross</b> Touch right toe by left instep. Step right back. Touch left heel forward. Step left beside right. Step right forward. Making 1/4 turn right touch left to side. Make 1/4 turn right and touch left to left side. Make 1/4 turn right and touch left to left side. (12:00) Step left beside right. Touch right to right side. Hitch right. Cross right over left.	Touch Step Heel & Step Quarter Paddle Turn Paddle Turn & Touch Hitch Cross	On the spot Turning right  On the spot
<b>Section 5</b> 1 - 2 3 & 4 5 & 6 7 & 8	<b>Touch Cross, Back Lock Step, Coaster Step, 1/4 Rock, Cross</b> Touch left to left side. Cross left over right. Step right back. Lock left across right. Step right back. Step left back. Step right beside left. Step left forward. Making 1/4 turn left rock right to right side. Recover onto left. Cross right over left. (9:00)	Touch Cross Back Lock Back Coaster Step Turn Rock Cross	Right Back On the spot Turning left Left
<b>Section 6</b> 1 - 2 3 & 4 5 & 6 7 - 8	<b>Side Rock, Behind, 1/4 Turn, Step, Lock Step Forward, Cross, Unwind 3/4</b> Rock left to left side. Recover onto right. Cross left behind right. Make 1/4 turn right stepping right to right side. Step left forward. (12:00) Step right forward. Lock left behind right. Step right forward. Cross left over right. Unwind 3/4 turn right. (9:00)	Side Rock Behind Turn Step Right Lock Right Cross Unwind	On the spot Turning right Forward  Turning right
<b>TAG</b> 1 - 2	<b>Danced once at the end of Wall 5:</b> Rock right to right side. Recover onto left. Then restart dance from beginning.	Side Rock	

**Choreographed by:** Alan G Birchall (UK) March 2008.

**Choreographed to:** 'Move On' by David Jordan (103 bpm) from CD Set The Mood; also available from iTunes (16 count intro from start of heavy beat).

**Tag:** There is one tag of 2 counts danced at the end of Wall 5.

**Choreographer's Note:** This track has a long fade out - keep dancing throughout then end facing the front wall at the end of section 4 (count 32)



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)