Website: http://www.alanbirchall.com

YESTERDAY

Choreographers: Alan G. Birchall & Jacqui Jax (Nuline Dance)

Level: Advanced

Dance: 52 Counts Walls: 2

Sequence: A.A.B.A.B.A

Music: Yesterday – The Beatles

Album: Help! & Numerous Compilations Available: Amazon/iTunes

Seconds: 5 Counts: 8 **BPM**: 96 Start: On Lyrics

Note: This Dance Is LYRICALLY Driven - FEEL The Song & Enjoy

'A' - Lyric Prompts - In Step Description

CROSS, SIDE, INPLACE, CROSS, ¾ TRIPLE TURN, PRESS, RECOVER, BACK SWEEPS X2

- 1&2 Cross Left Over Right, Step Right To Right, Step Left In Place - Yesterday...
- 3&4 Cross Right Over Left, Making A ½ Turn Right Step Back On Left Make A ¼ Turn Right Step Forward On Right - All

My... 09:00

- 5-6 Press Forward On Left, Recover On Right - Troubles Seemed...
- 7-8 Sweep/Step Back On Left, Sweep/Step Back On Right - So Far...

ROCK, RECOVER, ¾ TRIPLE TURN, CROSS, SIDE, INPLACE, CROSS, SIDE, BEHIND, SWEEP

- 9-10 Sweep/Rock Back On Left, Recover On Right - Away... Now....
- 11&12 Making A ½ Turn Right Step Back On Left, Making A ¼ Turn Right Step Right To Right, Cross Left Over Right – It Looks As Though They're Here... 06:00
- 13&14 Step Right To Right, Step Left In Place, Cross Right Over Left - To Stay...
- 15&16 Step Left To Left, Cross Right Behind Left, Sweep Left Around Right - Oh I Believe...

ROCK, RECOVER, STEP, DRAG

- 17-18 Rock Back On Left, Recover On Right - In Yes...
- 19-20 Take A Big Step To Left, Drag Right Beside Left – terday... (Weight On Right)

'B' - Lyric Prompts - In Step Description

1/4 FALLAWAY TURN, WALK, SPIRAL TURN

- 1-2-3 Step Diagonally Forward Crossing Left Over Right, Step Right To Right, Turning Slightly Left Step Back On Left -Whv... 10:30
- 4-5 Step Back On Right, Turning Slightly Left Step Forward On Left - She... 09:00
- 6-7-8 Step Forward On Right, Step Forward On Left, Stepping Forward On Right Making A Full Turn Left – Had To Go...

STEP, ROCK, RECOVER ½ TURN, FULL TURN, ¼ ROCK, RECOVER

- 9-10 Step Forward On Left, Rock Forward On Right - I Don't...
- 11-12 Recovering On Left Make A ½ Turn Left, Step Forward On Right - Know She... 09:00
- 13-14 Stepping Back On Left Make A ½ Turn Right, Stepping Forward On Right Make A ½ Turn Right - Wouldn't...
- 15-16 Rock Forward On Left, Making A ¼ Pivot Right Recover On Right – Say...

CROSS POINTS, JAZZ BOX

- 17-18 Cross Left Over Right, Point Right To Right - I...
- 19-20 Cross Right Behind Left, Point Left To Left - Said...
- 21-22 Cross Left Over Right, Step Back On Right - Something...
- Step Left To Left, Cross Right Over Left Wrong Now... 23-24

WEAVE, ROCK, RECOVER ¼, FULL TURN, ¼ ROCK, RECOVER

- Step Left To Left, Cross Right Behind Left, Hold I Long... 25&26
- &27-28 Step Left To Left, Cross Rock Right Over Left Recover On Left - For Yes...
- 29-30 Make A ¼ Turn Right Step Forward On Right, Make A ½ Turn Right Step Back On Left – Ter....
- 31-32& Make A ½ Turn Right Step Forward On Right, Rock Forward On Left, Recover On Right Making A ¼ Turn Right -

Day...ay-ay-ay (Weight On Right) 12:00

START AGAIN

D&G and BWDA Fully Qualified Instructor Dance Sheet Prepared By: Alan G. Birchall

For bookings or information contact: Alan Tel: + 44 (0) 1204 654503 (UK)



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